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3rd Annual NSSFF Sports Day



Saturday
23rd August 2014
at
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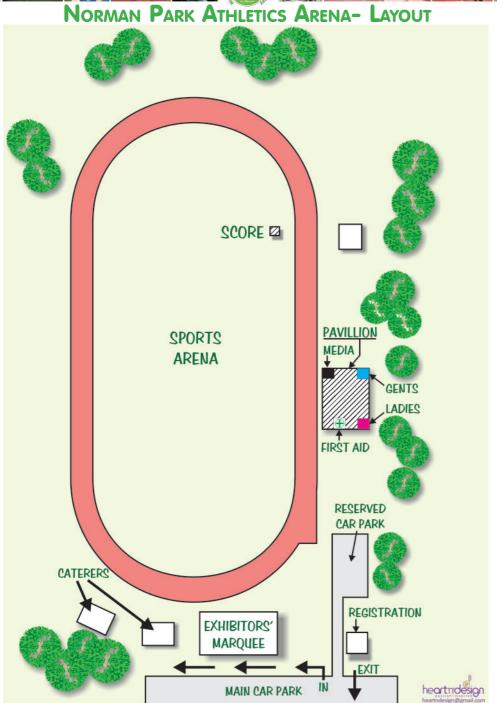
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WELCOME MESSAGE

On behalf of the NSSFF Planning team, it is my utmost pleasure to welcome you all to our 3rd Annual Sports and Family Fun Day. We are delighted to have you here with us as we make new friends, reunite with old ones and partake in a host of fun activities.

Inspired by the London 2012 Olympics, the NSSFF was set up two years ago and is a collaboration of UK based School Alumni Associations and organisations with a Nigerian connection. Our mission is to promote the awareness and importance of quality education in Nigeria. We use the Sports day as a vehicle to promote public awareness of the work of the member Alumni Associations and their fundraising activities.



The first Edition of our Sports and Family Fun Day was held in 2012. It was hugely successful attracting over 800 people of various ages, races and backgrounds. Last year, despite heavy torrential rain, over 600 people were in attendance at our event with a similar measure of success. Today promises to be even more spectacular with additional Alumni Associations in our fold and more events added to our programme.

Preserving and improving Education standards in Nigeria remains at the heart of what we do. In view of this, we decided to host our first ever Education Seminar at the University of London in June this year. It was a great day of lively debates, intelligent contributions and networking. It is hoped that our deliberations will help to positively influence Educational Policy in Nigeria.

On a more serious note, we stand with the World community as we empathize with the families of the Boko Haram terror attacks and the abducted Chibok school girls. We pray for their safe return and a quick end to the mindless acts of violence plaguing our nation.

Today's Sports day is the culmination of what has been a great Summer filled with fantastic Sporting events such as the 2014 World Cup in Brazil, Wimbledon and the just concluded Glasgow Commonwealth Games. We are here today to compete, socialise, network and have fun. Have a wonderful day!

Bimbola Babarinde
Chair
Nigerian Schools Sports and Family Fun Day
NSSFF
www.nssff.co.uk

30 Nigerian Schools Sports & Family Fun Day

NSSFF - Saturday 23rd August 2014

















- Registration
- Welcome by MC
- Opening Prayer
- National Anthems
- Introduction of Special Guest of Honour:

Cllr Julian Benington, His Worshipful Mayor London Borough of Bromley

- Introduction of Special Guests:

Dr Patrick Darling, African Legacy

Richard Taylor OBE Damilola Taylor Trust

Mr Tony Sokan, President, Nigeria-UK Golfing Association

Dr Alistair Soyode, CEO BEN-Television

Princess 'Deun Adedoyin-Solarin - Princess of ARIZE

- Formal opening of Event
- March Past
- Games begin
- Musical Interlude
- Games continue
- Formal Closing



^{*} Prizes and Medals will be presented during the course of the day

^{*} Refreshments and Exhibition Stands are available in the Marquees

^{*} Donations towards future events will be thankfully received and can be dropped in the NSSFF Collection boxes

^{*} Alumni Associations interested in joining the NSSFF should visit www.nssff.co.uk for details.



Did you visit the exhibitor's stands? If yes which ones did you visit? And how would you rate them? Again on the scale below. Please tick ✓ one box per row

THE EXHIBITORS E	xcellent	Good	Satisfactory	Fair	Poor	Don't know
Africa Legacy						
Facepainter						
Health Checks (tohealth)						
LycaMobile						
Michael Williams YCS						
Team NSSFF						
Obaseki & Co Solicitors						
Sickle Cell Society						
BB Craft Centre`						
World Child Cancer Cha	rity_		<u>_</u>	_		
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Please drop your questionnaire in one of the boxes provided.





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THE NATIONAL ANTHEMS



THE NIGERIAN ANTHEM

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Nigeria's call obey
To serve our Fatherland
With love and strength and faith.
The labour of our heroes past
Shall never be in vain,
To serve with heart and might
One nation bound in freedom,
peace and unity.



THE BRITISH ANTHEM

God save our gracious Queen,
Long live our noble Queen,
God save the Queen!
Send her victorious,
Happy and glorious,
Long to reign over us,
God save the Queen!



NSSFF 2014 EVALUATION FORM

Thank you for agreeing to complete this short questionnaire. By completing it you will be helping us to assess our performance this year to hopefully improve on future events. Once completed, please drop in one of the boxes provided

ABOUT YOU: You		. 1					
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Music							
Catering facilit	ies						
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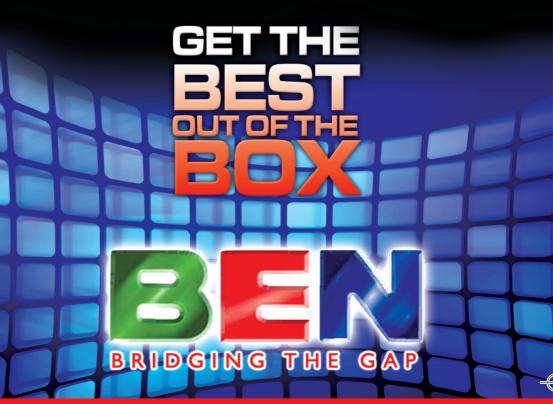
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ABEOKUTA GRAMMAR SCHOOL (AGS) is a secondary school located in Abeokuta, Ogun State, Nigeria. Nigeria cannot record its greatness without reference to past pupils of Abeokuta Grammar School. It has produced justices, industrialists, statesman, respected traditional rulers, educators, a women's emancipation front liner, artists, a private medical philanthropist, musicians, and renowned academics. Founded in

1908 as a boy's school by the Abeokuta District Church Council (Anglicans) with the motto "The fear of God is the beginning of wisdom", the school welcomed all with a thirst for learning, discipline, and academic excellence without regard to race, ethnicity or religion. The Founding Fathers believed strongly in training both the body and the mind. It was their view that education should equip a student to use both his brains and hands effectively, to be a credit to his home, community, country and the world. Discipline and character training were fundamental to their mission, as they believed no meaningful success could be achieved without discipline and character training.



ANWAR-UL-ISLAM COLLEGE Lagos (formerly Ahmadiyya College) was established in 1948 initially in Olushi Street, Lagos Island. The school relocated to its current site in Agege in the mid -1950s thanks to the hard work and dedication by the founding fathers including Alhaji Jubril Martin. It was the first government approved Muslim secondary school and whilst most of the students are Muslims the school has a very proud record of

Christians students. The college promotes religious tolerance and also excels in education and sports. We live and champion the motto of the school "either the best or nothing"! Hence the school is blessed with prominent old students "Oga at the top" in high profile roles both in the private and public sectors in Nigeria and elsewhere in the world including a current Minister of State. ACAOSA UK will be celebrating its silver anniversary soon!



BAPTIST ACADEMY LAGOS was founded in 1855 and is arguably the first school established in Nigeria; its origin is traceable to African American Reverend Joseph M. Harden. The present site was first-rate legacy of the University of Lagos, inclusive of a standard football field and a sports field complete with a six-lane athletics track. The school, recently the country's representative at a science Olympiad in South Africa and

Cowbell's mathematics Championship winner for secondary schools in Lagos state, is continually being blessed with a growing number of brilliant students and dedicated teaching staff of sound intellect, all making their marks everywhere. BAOSA is the UK Alumni Association of the school.

Dewunmi Balogun

Reagan Memorial Old Girls Association (ROGA UK)

Member

Moji Bamtefa

Methodist Girls High School Old Girls Association (MGHSOGA UK)- Member

Segun Bamgbose

CMS Grammar School Alumni(Old Grammarians Society UK)- Member

Akin Coker

Igbobi College Old Boys Association (ICOBA UK)-Member

Laitan Etti

Government College Ikorodu Old Students Association (GCIOSA UK)- Member

Titi Familusi

St Anne's School Ibadan Old Girls Association (SAGOSA UK)- Member

Avo Hundevin

Nigerian Russian Graduates Association (Soyuznikis UK)- Member

Tope Imevbore

Holy Child College Old Girls Association (HCCOGA UK)- Member

Remi Kayode

Government College Ikorodu Old Students Association (GCIOSA UK)- Member

Bode Olaniyan

Government College Ibadan Old Boys Association(GCIOBA UK)- Member

Michael Nkpang

Federal Government College Sokoto Old Students Association (FEDGOCOSOSA UK)- Member

Nwene Morris

Holy Child College Old Girls Association (HCCOGA UK)- Member

Peter Obemeata

Loyola College Ibadan Old Boys Association (LCIOBA UK)-Member

Charles Obazuaye

Anwar-Ul-Islam College Old Students Association (ACAOSA UK) "formerly Ahmaddiyya College"-Member

Theo Odunlami

Birch Freeman High School Old Boys Association(BIFOBA UK)- Member

Fela Oduntan

Federal Government Girls College Bida Alumni (FEDECOBIDAA UK)- Member

Kayode Ogunfeibo

Christ's School Ado-EkitiAlumni(CSA Alumni UK)-Member

Daniel Okonkwo

St Gregory's College Alumni (Old Gregorians UK)-Member

Jumoke Olasope

Reagan Memorial Old Girls Association (ROGA UK)-Member

Ronke Udofia

Lagos African Church Grammar School Old Students Assoc. (LAFROSA UK)- Member

Nigerian Schools Sports & Family Fun Day

NSSFF - Saturday 23rd August 2014



THE NSSFF EVENT PLANNING COMMITTEE

The Planning Committee is composed of volunteer executive members of the participating Old School Student Associations. Their experience and expertise is wide and varied covering fields such as Law, Accounting, Architecture, Health & Safety and Marketing. The Planning Committee members serve as the eyes and ears of their respective Alumni Associations working in their best interests.

2014 Planning Committee:

Bimbola Babarinde

Comprehensive High School AiyetoroAlumni(Compronians UK)- Chair

Wole Sanwo

Igbobi College Old Boys Association (ICOBA UK)- Coordinator/Treasurer

Anne-Funmi Fatusin

Reagan Memorial Old Girls Association (ROGA UK)- Secretary

Dele Dada

Baptist Academy Old Students Association (BAOSA UK)- P.R

Kenny Adeoye

London Nigerians Cricket Club(LNCC)- Member

Ade Adesola

Abeokuta Grammar School Old Boys Association (AGSOBA UK)- Member

Olumide Adeotoye

Olivet Baptist High School Old Students Association(OBHSOSA UK)- Member

Akin Akindele

Abeokuta Grammar School Old Boys Association (AGSOBA UK)- Member

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Queens College LagosAlumni(QCOGA)- Member

Umo Akpan

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Olu Alaka

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Francis Archibong

Federal Government College Sokoto Old Students Association (FEDGOCOSOSA UK)- Member

Peju Arenyeka

St Anne's School Ibadan Old Girls Association (SAGOSA UK)- Member

NSSFF School Profiles



BIRCH FREEMAN HIGH SCHOOL is a boys' secondary school located in Surulere, Lagos. It was named after the first Methodist Missionary to land in Nigeria in 1824. The school was established on the 6th of February 1960 and administered by Methodist Church (Western Nigeria District). Birch Freeman High School has produced men of different professional backgrounds, ranging from Accountants,

Engineers, Barristers, Business men, Government officials and many more. Notable among them is the incumbent governor of Lagos State, Governor Raji Fashola, who represents the amiable and charismatic products of the school. The motto of the school is "trained for duty and for thee." All old boys are trained to truly believe in that. Birch Freeman Old Boys Association (BIFOBA) is the Alumni Association of the school and it currently has branches in the UK, U.S.A and Nigeria.



CHRIST'S SCHOOL ADO EKITI, was established by an English clergyman Archdeacon Dallimore as Ekiti Middle School in 1933. The name Christ's School was adopted in 1936. The School has contributed greatly to educational progress and development in Nigeria, and has produced arguably the highest numbers of professors in the country, in virtually all fields of learning. The school has also produced well known

alumni and public figures, like the late Professor Sam Aluko, a renowned Economist, the late Professor Kayode Osuntokun, one of the foremost neurologists of his generation, and the current governor of Ekiti State, Dr Kayode Fayemi. Christ's School Alumni Association UK is the Old Students body in the UK.



CMS GRAMMAR SCHOOL LAGOS is Nigeria's oldest and foremost secondary institution. It was established on June 6, 1859 by the Church Missionary Society (CMS) with Rev. Thomas Babington Macaulay, father of the late nationalist, Herbert Macaulay as principal. The establishment of the school was part of the Missionary Society's plan to develop local educated elite which could help promote the Christian faith. The products

of the CMS Grammar School filled an existing vacuum and also formed the bulk of the emergent educated elite who ended up shaping "the future of Nigeria". Some eminent old grammarians include Mr. Akintola Williams, CBE, CFR (the first Nigerian Chartered Accountant), Late Chief F.R.A. Williams, QC, SAN (first Senior Advocate of Nigeria); Earnest Shonekan, GCFR, former President of the Federal Republic of Nigeria; Dr Oladapo Fafowora, Ambassador Plenipotentiary; late Professor Ayodele Awojobi, the first African to be awarded the degree of Doctor of Science (DSc) in Mechanical Engineering at the now Imperial College London. The motto of the school is Nisi Dominus Frustra which means "Without God, We Labour in Vain".

Nigerian Schools Sports & Family Fun Day

NSSFF - Saturday 23rd August 2014





COMPREHENSIVE HIGH SCHOOL, AIYETORO (CHSA) is

a co-educational secondary school situated on a sprawling 171-hectare site, 37 kilometres west of Abeokuta in Ogun State. The school was founded in February 1963 and is a result of the joint efforts of the Old Western region government, United States Agency for International Development(USAID), Harvard University and the Ford Foundation.

The school is in no doubt the precursor of the 6-3-3-4 system of education and largely responsible for the popularity of comprehensive education in the country. Fondly referred to as "Compro" the school has produced many distinguished old students who are making positive contributions in the society both in Nigeria and abroad. Founded in 2002, Compronians UK is the UK Alumni Association of CHSA.



FEDERAL GOVERNMENT COLLEGE (FGC) SOKOTO, was founded on the 6th of February 1966, along with others at Warri and Okposi. They were the first generation of Unity Colleges set up with the aim of being unifying institutions, bringing together young Nigerian students from diverse ethnic and religious divides, with the purpose of providing them high quality education in an environment of academic

and developmental excellence, devoid of ethnic, religious or social stratification. The founding Principal was the legendary Mr P.H Davies who went on to be Principal of FGC Warri. Federal Government College Sokoto has grown to become a model institution that can be credited with graduating many of Nigeria's current leaders in both the public and private sector. The school has produced amongst several others, notable and distinguished Nigerians including Donald Duke, the dynamic former governor of Cross River State. FGCSOSA UK is the Alumni Association in the United Kingdom.



FEDERAL GOVERNMENT GIRLS COLLEGE (FGGC) BIDA

was one of the Unity Schools introduced across Nigeria in the early 1970s with the aim of promoting multiculturalism and national unity. It was established in 1974 with the first set of school leavers in 1979. The Schools Motto is: "PRO UNITATE". On leaving school, the majority of old students went on for further education and the school has since produced

many professionals in different fields of life working nationally and internationally. The idea of "UK Old Girls" association was fostered by 3 people in 2010 when they met at Nando's restaurant in 02 Arena, London. The aim of the association is to broaden opportunities for alumni to "give back" to our school, administer numerous programs which will enhance the educational experience of current students by providing academic and financial assistance.



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NSSFF School Profiles



GOVERNMENT COLLEGE IBADAN, (founded February 28, 1929), is a "boys only" secondary school located on the hills of Apata Ganga in Ibadan, Nigeria. The expatriate Founding Fathers were Selwyn McGregor Grier, who conceived the idea of setting up the school, and V.B.V Powell, the first principal of the school. Government College was modelled after the British secondary boarding schools of the era, and

the first set of students numbered twenty nine. In the period before the dissolution of the Western Region, Nigeria, the school earned the enviable fame of being one of the best secondary schools in Nigeria. The school has produced over 80% of the presidents of the Nigerian Society of Engineers since its inception, and one of the four Africans in history to be awarded a Nobel Prize.



GOVERNMENT COLLEGE IKORODU (GCI) is a college in Ikorodu, a city and Local Government Area in Lagos State, Nigeria. The college was opened on September 23, 1974, by the then Governor of Lagos state, Brigadier Mobolaji Johnson. Government College Ikorodu Old Students Association has members globally but the UK chapter known as GCIOSA (UK) started officially in September 2010.

The vision is to do good- in different ways; caring for and developing ourselves, making connections, networking as well as building friendships and importantly too by making meaningful contribution to the progress and development of the school through various projects. The motto is - This is our Association, and together, we shall build It!



HOLY CHILD COLLEGE LAGOS was founded in 1945 by Reverend Mother Cornelia Connelly founder of The Jesuit Society of the Holy Child Jesus at the invitation of Archbishop Leo Taylor of Lagos. The foundation students of Holy Child College mostly came from Aguda (Yoruba meaning of Catholic) old Lagos families, the school Motto is 'Actions not Words' HCCOGA-UK Branch was created in 2003 (after Lagos State handed Schools back to the Church)

to rally Funds to restore the School. A formal request was made to HCCOGA Lagos President Princess Odedina (Agbaje) for the Mandate and a Constitution. HCCOGA UK have a 140-member Mailing List and helped set-up the North America branch in 2009.





IGBOBI COLLEGE YABA, LAGOS was established in 1932 "to give a well-balanced secondary education to boys in an environment adequate for the purpose". The objective of the CMS and Methodist planners was to show that improved education could best be established under ecumenical Christian influence provided "an environment adequate for the purpose" could be located. This meant emphasizing residence for

pupils and teachers, and land spacious enough to cater for this, as well as providing fields for sport, craft, farm, etc. A 32-acre plot, part of the kola plantations of the family of Madam Tinubu met these requirements, hence the name, "Igbobi" College. ICOBA UK is the UK Old Boys Association.



LAGOS AFRICAN CHURCH GRAMMAR SCHOOL (**LAFROGRAMS**) was founded in the lush and expanse grounds of Ifako, Agege by the African Church clergymen in March, 1969. - It started out with 110 students- 68 boarders and 42 day students with Mr Bartholomew Babatunde Majekodunmi as the first principal. With the motto" knowledge with God is best" and a school anthem that remains

unique as the only vernacular school anthem in Nigeria "Sise, Sise, Sise, SiseHuwa, Huwa, Huwa rere o - LAFROGRAMS has grown and matured over the years leading both in academics, sports and social endeavours with a thriving and effective global reaching Old Students Association known as LAFROSA.



LONDON NIGERIANS CRICKET CLUB was founded in 1991 by two brothers, Tom & Roland Ilube). The ethos of the club has always been based on providing a forum for people from a Nigerian background, or with an interest in Nigeria, to come together socially and to present a positive image of the motherland in their interaction with the wider community. In 2000, in its first year in a competitive league, the club

won the "All-London Cricket League". In the years 2000, 2006 and 2008 the club undertook very successful tours of Nigeria. We played as many games as we could, competing against the Chairman's eleven, Shell Cricket Club and the Lagos Asians to name a few, we also engaged in a number of social activities, cricket coaching clinics and media events all designed to promote the game in Nigeria.



LOYOLA COLLEGE IBADAN was founded in 1954 by Rev. Father Mackle of the catholic mission and originally distinguished by its qualitative education and adequate sporting facilities, the Loyola College which is still located along the Old Ife Road in Ibadan has produced many influential politicians, academicians, engineers, lawyers, doctors and other distinguished professionals over the years. Notable Alumni include former

Oyo State Governor Lam Adesina, Media Guru Raymond Dokpesi and Management Expert Pat Utomi

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Since 2009 the Society has led on the Screening Programme's outreach project which uses a DVD called the Family Legacy to raise awareness of sickle cell disease, testing and associated beliefs, particularly among the African and Caribbean communities who are most at risk of inheriting the condition.



You can donate and help the Sickle Cell Society in its work to support people suffering from sickle cell by sending a text to 70070. In the body of the text type CELL22 then leave a space and type the amount you wish to donate for example: CELL22 £10

Sickle Cell Society 54 Station Rd London NW10 4UA Tel: 020 8961 7795 Email: info@sicklecellsociety.org Website: www.sicklecellsociety.org See also: www.familylegacy.org.uk

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NSSFF School Profiles

METHODIST GIRLS HIGH SCHOOL (MGHS) YABA was founded in 1879 originally as Wesleyan Girls School under the governance of Hoares Memorial Methodist Church, Yaba. It is the oldest Girls' school in Nigeria. The longest serving principal was Miss Lucy K Walker who retired after 17 years in 1972 The baton was handed over to Mrs Odulana and then Mrs Onafowokan, M.G.H.S was famous for its extracurricular activities and had many societies. The first Nigerian Girl guides Company in the country was formed at the school. M.G.H.S produced Nigeria's first Olympic standard School girl athlete-Modupe Oshikova. The School's Motto is: 'In love serve one another'

OLIVET BAPTIST HIGH SCHOOL, OYO, NIGERIA, was founded on 29 January 1945 by the American Southern Baptist Mission and the Baptist Commission. The School motto is "Cum Christo Progredere" translating to "Forward With Christ". It was formerly known as Oyo Baptist Boys' High School. The School was first located on a hillcrest named 'Olivet Heights'- as the school is fondly called. The original location (now occupied by Baptist College of Theology, Oyo) was where Rev. Pinnock, the first Baptist missionary to the ancient empire of Oyo, established a mission post. Olivet Heights is predominantly residential high school. It has been a co-educational school for over 50 vears. The school has several versatile Alumni Association Chapters (OBHSOSA-UK being one of them). All have been helpful in providing facilities for the current students of the school. Olivet Heights has proudly produced several notable Alumni.



QUEEN'S COLLEGE, LAGOS, is a government-owned girl's secondary (high) school with boarding facilities, situated in Yaba, Lagos. Often referred to as the "sister college" of King's College, Lagos, it was founded in 1927, when Nigeria was still a British colony. Queen's College is the first non-denominational Girls school in the country. It was established with a modest enrolment of 20 students, a Principal and

eight part-time teachers; Queen's College has grown to a population 3000 students, and staff strength of well over 300 full time teachers. The school has about six houses that compete in the inter-house games, namely Dan-Fodio (Red House), Obasa (Blue House), Obi (Yellow House), Emotan (Green House), Efunjoke (Purple House) and Obong (Orange House). The school has returned the best results nationwide in the West African Senior School Certificate Examination (WASSCE) conducted by the West African Examinations Council (WAEC) seven times since 1985 and is widely considered to be one of the top schools on the African continent. Its alumni include doctors, engineers, and lawyers who live and work all over the world including the United States, UK, Germany, Canada, France and other countries. The school motto is "Pass on the Torch." QCOGA (UK) is the UK Alumni Association of the school.













REAGAN MEMORIAL BAPTIST GIRLS SECONDARY **SCHOOL** was founded in 1941 by the Southern Baptist Missionary Board, USA. It was built on love with the school motto 'Love one Another.' The school is in Yaba, Lagos State, Nigeria in West Africa. The school was named in honour of Miss Lucille Reagan a missionary who wanted the idea of having a separate Baptist high school for girls. ROGA UK is the UK Old Girls Association of the school. It has a

very clear vision to support Reagan Memorial Baptist Girls' Secondary School in its contribution to the effective education of the Nigerian Child.



NIGERIAN STUDENTS UK)-**SOYUZNIKIS UK**, is a union of Nigerian graduates from the old USSR, where they lived as a family. Soyuznikis came from

the Russian word 'Soyuz' – meaning Union. Soyuznikis-UK was formed by a group of UK based Old Soviet Union graduates to continue the love and care that existed amongst them during their stay in the Soviet Union. The main aim of Soyuznikis-UK is to support its members and to leave a lasting legacy both in Nigeria and in the United Kingdom



ST. ANNE'S SCHOOL MOLETE IBADAN was founded in 1869 by Anglican missionaries and is the first girl's secondary school in Nigeria. The school started life as CMS Girls' Grammar school having been formed as the girl's arm of CMS Grammar School in Lagos. It then became Kudeti Girls High school when the school moved to its current location in Molete Ibadan. The name later changed to St Anne's in 1896. The school motto is:

Courage, Modesty and Sincerity. The alumni association, SAGOSA UK is pursuing its objective to restore the school back to its former glory and we believe that together, we can do it! St Anne's School has produced many notable old girls including Dr Ngozi Okonjo-Iweala, the current minister of Finance in Nigeria



ST. GREGORY'S COLLEGE LAGOS was established through the efforts of the Catholic Mission in 1928 and has developed into a unique institution sought after by discerning minds who seek to partake of its calibre of education premised on the philosophy of educating the whole person; the intellect, the character and the soul. Throughout its 84 year history, the college has enrolled and educated boys (and girls in

Advanced Level classes during the 1970s) to embody these ideals. The college's long and strong traditions, coupled with its enviable achievements continue to inspire and develop present and future generations of upstanding citizens.

I am very proud to be associated with such a charity and their worthwhile cause. If you could help in any way I would ask you to do so

Rhys Williams, European Champion in the 400m hurdles.



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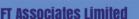
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KEYS AND RULES

It is anticipated that each group of events should take NOT more than 25 minutes.

In the event that a school/Organisation has more than one(1) participant in an event, points will be awarded ONLY for the highest position attained.

Points/Scores: (For all track events NOT more than 6 lanes must used) First position(1st) - 6 points, Second(2nd) - 5 points, Third(3rd) - 4 points, Fourth(4th) - 3 points, Fifth(5th) - 2 points, Sixth(6th) - 1 points, Other - 0 point

The Alumni/Organisation with the highest score at the end of all the events, will be presented with the Soyuznikis-UK trophy by the nominated special guest. In the event of no absolute winner, a run-off event will be held between the tied teams.

#R1: 2 halve's of 5 minutes each with a 5 minute break. In case of a draw at the end of the game, 5 penalties will be taken by each team after which sudden death will kick-in if required. The games are semi-final and finals. The Winner will be presented with a donated

#R2: At the gun-start, participants will scoop eggs from the track with the provided dessert spoons. The winner of the race will be declared on the following basis: 1) Integrity of the egg. 2) Position at the completion of the race. Most importantly, the race MUST be completed with an egg in a spoon.

#R3: A team may or may not include an NSSFF member in the team. For a team to qualify for point at the end of event, it MUST

include at least one(1) representative of the NSSFF school/association in the team. If there are no NSSFF school/association representatives in a team, then team will be classed as non-NSSFF and will be awarded no point(s).

#R4: This event is over a distance of 100m. Contestants must come to the start line with a standard hand luggage case (with wheels), 3-piece Nigerian attire, completed with a hat/head tie and a pair of covered shoes. They have to dress up fully at the start of race and must cross the finish line fully dressed in the 3-piece attire, hat/head tie with the luggage case in tow.

#R5: Participants will run to the sack, put both feet in and begin hopping toward the finish line. Contestants must keep both feet in sack and at least one hand on the sack at all times. The sack must remain as close to the waist as possible and should not fall below the knees. The first racer to the finish line wins.

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50m men

50m ladies

100m Men 100m ladies

Nigerian Schools Sports & Family Fun Day

6

8

14:00 SPECIAL EVENT (Specially choosen guests): Special race(Men) Special race(Women) Medal presentation(At the completion of above races) 15:00 FUN RACE (NSSFF/OPEN) 100m Egg and spoon (Open) 13 #R2 100m Egg and spoon (NSSFF ONLY) 14 HR5 100 Sack race(NSSFF/OPEN) 16:00 #R3 POWER EVENT (Open/NSSFF): 15 Tug of war (Men - maxof 4 Members/team - Mixed) 16 Tug of war (Women - max of 4 Members/team - Mixed) 16:20 CATCHING THE TRAIN (NSSFF): 17 100 Men - fully dressed to finish line# #R4 18 #R4 100 Women - fully dressed to finish line# 16:55 Medal presentation(At the completion of above races) Musical interlude from DJ & Live Band (16:00 - 18:00) 18:00 #R3 RELAYS: 4 X 400(Men mixed) 19 20 4 X 400(Women mixed) 21 4 x 100(Men Mixed) 22 4 X 100(Women Mixed) Medal presentation(At the completion of above races) 23 Presentation of winners cup to NSSFF 2014 champion 2014 WINNER IS:

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